

Pump Perffaith

Helpwch eich plentyn i fod yn barod ar gyfer eu dechrau yn y dosbarth Meithrin trwy roi sylw i'r Pump Perffaith. Bydd yr awgrymiadau hyn yn helpu eich plentyn i gael dechrau llyfn i'w taith ysgol.



Rhowch ffrwyth i'ch plentyn a chofiwch dorri grawnwin yn haneri/chwarteri.

Labelwch bob dilledyn a sicrhewch fod gan eich plentyn esgidiau felcro.

Paciwch set sbâr o ddillad ym mag eich plentyn rhag ofn iddo/i gael damwain.

Hyfforddwch eich plentyn i adnabod ei enw ar bapur cyn iddo/i ddechrau yn yr ysgol.

Sicrhewch fod eich plentyn wedi'i hyfforddi'n llawn i fynd i'r tŷ bach.

Famous Five

Help your child to be ready for their start in the Nursery class by covering the Famous Five. These top tips will help your child to have a smooth start to their school journey.



Give your child fruit and remember to cut grapes into halves/quarters.

Label every piece of clothing and ensure your child has velcro shoes.

Pack a spare set of clothes in your child's bag just in case they have an accident.

Train your child to recognise their name on paper before they start school.

Ensure your child is fully toilet trained.

