

CAMHS ONLINE WELLBEING WORKSHOPS

23rd July – 27th August 2024

CAMHS will be running a workshop on MS Teams through the summer holidays for young people who will be **attending Year 7 in September 2024**, and their families across Gwent.

Please use the booking form/QR code below and make sure to book on at least 24 hours before the session.

Parents are welcome to attend with their young person, but we will not be able to answer any individual CAMHS queries during the workshop time.

Transition: Year 6 – Year 7

This workshop explores the feelings experienced with transition between primary and secondary school

Tuesday 23rd July 2024

1:00 – 3:00pm

Tuesday 30th July 2024

1:00 – 3:00pm

Tuesday 6th August 2024

1:00 – 3:00pm

Tuesday 13th August 2024

1:00 – 3:00pm

Tuesday 20th August 2024

1:00 – 3:00pm

Tuesday 27th August 2024

1:00 – 3:00pm

BOOKING INFORMATION

To register for one of the listed sessions, follow the Microsoft Forms link or scan the QR code:

<https://forms.office.com/e/rxUeATZ4g9>

